

Impact of Work-Family on School Teacher's Family Stress, Work Satisfaction and Family Satisfaction in Jaffna Zone School

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Managing the conflict between work and family role demands is a critical issue, since that has generated substantial interest for both individual and organization in recent decades. Work-family conflict has various outcomes to the individual, the family environment, and the work environment. In the same manner most of the individual level outcomes of work-family conflict focus on the physical and mental health of the individual as well as overall wellbeing. The effects of work family conflict have got the attention of many researchers in various occupations. There has been no attempt to study those effects of Jaffna Zonal teachers. In this manner, this study aims to investigate the effects of work- family conflict on family stress, work satisfaction and family satisfaction of teachers. The present study has been conducted among the sample of selected ten schools (with 150 respondents) from Jaffna Zone. The study revealed that work family conflict has positive impact on family stress and, has negative impact on work satisfaction and family satisfaction.

Keywords: Work-Family Conflict, Family-Work Conflict, Work Satisfaction, Family Satisfaction, and Family Stress